

# Year 5 Curriculum Map

## Foundation Subjects Taught Discretely

(For Science; History; Geography; Art and Design (A&D); Design and Technology (D&T); and Computing please refer to our 'Cornerstones' Thematic Curriculum)

Subject	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
P.E.	Badminton	Dodgeball	Boccia	Basketball	Gymnastics	Cricket
P.E. Skills	<u>Cognitive Skills</u> Ball handling Agility (reaction/response) Game skills	<u>Creative Skills</u> Static Balance (seated) Static Balance (floor work) Game Skills	<u>Social Skills</u> Dynamic Balance Counter balance in pairs Game skills	<u>Applying Physical Skills</u> Dynamic Balance to Agility Static Balance (1 leg stand) Game skills	<u>Health &amp; Fitness</u> Static Balance (small base) Coordination (floor movement) Game skills	<u>Personal Skills</u> Coordination with equipment Agility – ball chasing Game skills
Personal, Social, Health and Economic Education (P.S.H.E.)	Being Me in My World Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Celebrating Difference Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Dreams and Goals Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Healthy me Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Relationships Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules	Changing Me Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
Religious Education (R.E.)	Words of Wisdom	Words of Wisdom	Sikhism	Sikhism	Humanism	Humanism
Music	Livin' On a Prayer	Classroom Jazz 1	Make You Feel My Love	The Fresh Prince of Bel-Air	Dancing in the Street	Reflect, Rewind and Replay
French	Phonetics 1&2 and Presenting Myself	Family	Home	Tudors	Habitats	Goldilocks
Outdoor Learning	Building, lighting, maintaining and clearing a fire safely.					

(Forest school)

Boiling water and toasting food outdoors.